



Southeast (HHS Region 4)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

# SAMHSA's Region IV Mental Health Technology Transfer Center: Southeast MHTTC

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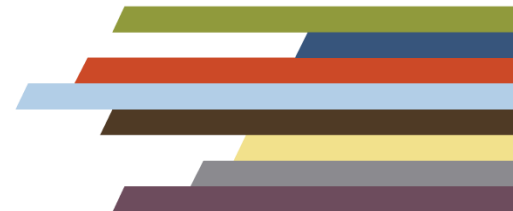
**SAMHSA**

Substance Abuse and Mental Health  
Services Administration

SAMHSA # 1H79SM081774-01

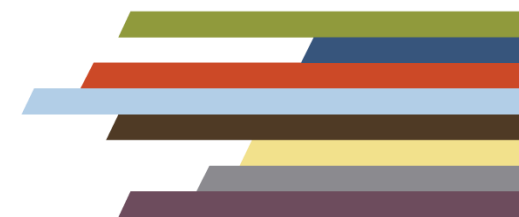
# Overview

- MHTTC Overview
- Who is involved in the Region-IV MHTTC?
  - Leadership
  - Partners
  - Consultants
- Approach and Work plan



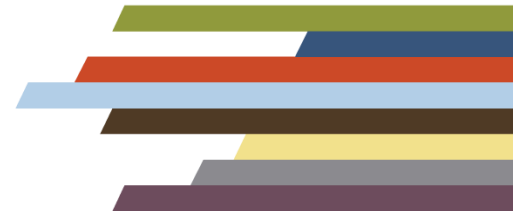
# National SAMHSA TA Landscape

- 13 MHTTCs:
  - 10 HHS regions
  - Coordinator office
  - Hispanic, Tribal Affairs
- ATTCs (Morehouse)
- PTTCs (Wake Forest)
- CSS-SMI: APA
- SAMHSA Policy Laboratory

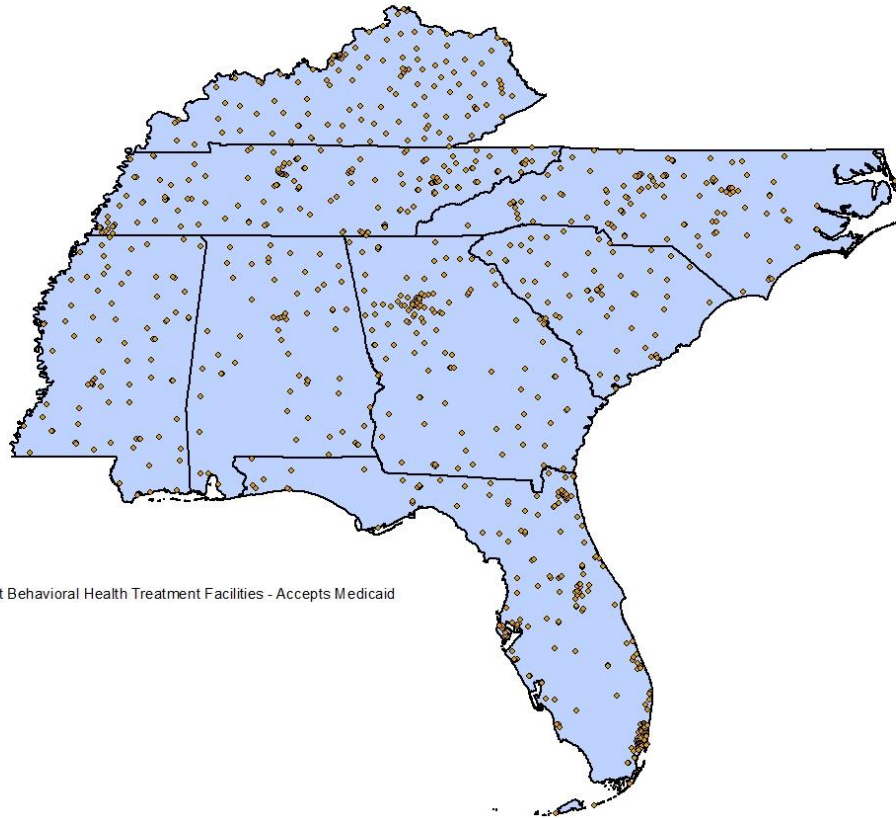


# Region IV - Southeast

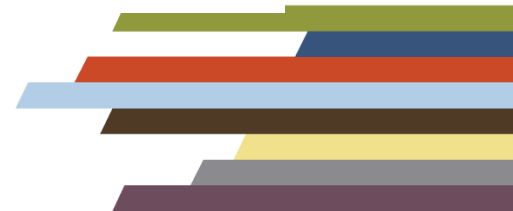
- Largest HHS Region – serving 8 states
  - Alabama, Florida, Georgia, Kentucky, Mississippi, North Carolina, South Carolina, Tennessee
  - >20% of the US Population
- Diversity within and across states



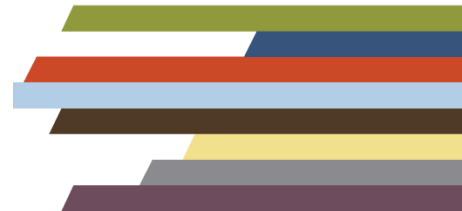
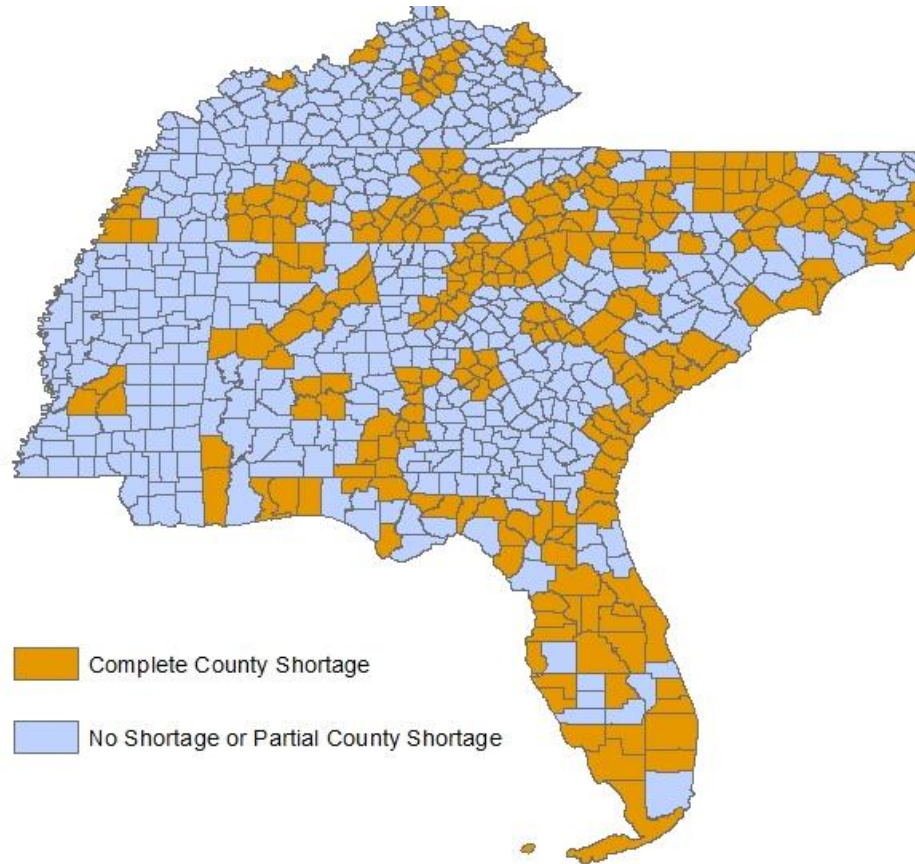
# Region IV MH Treatment Facilities



Region 4 - Outpatient Behavioral Health Treatment Facilities - Accepts Medicaid



# MH Shortage Areas in Region IV



# Southeast MHTTC Leadership



Benjamin Druss:  
Director



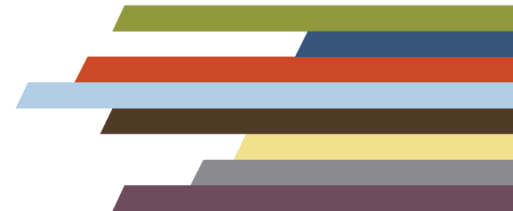
Janet Cummings:  
Deputy Director



Elizabeth Walker:  
Evaluation Director

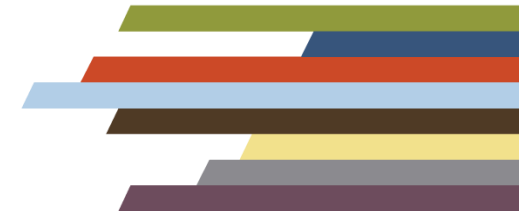


Melissa Alperin:  
Training Director



# A Health Systems Approach

Issue	Clinical approach	Health systems approach
Goals of Training	Improve knowledge	Build skills
Workforce	Target Clinicians	Include managers, other key stakeholders
Context	Focus on elements of the intervention	Include financing, organizations, policy environments
outcomes	Providers trained	Population with access to EPB; overall health





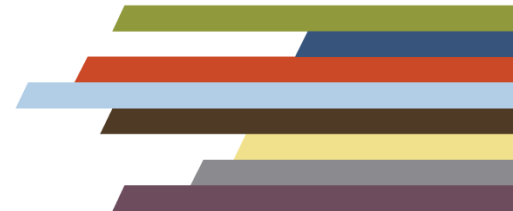
# EBPs Across the Prevention Spectrum



School-Based MH  
Preventing Suicide  
First Episode Psychosis

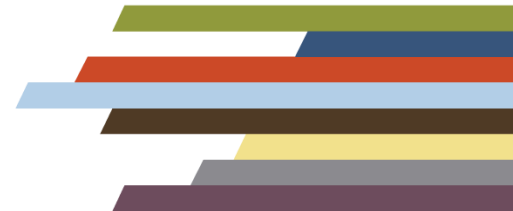
Behavioral Health Homes  
School-Based MH  
Self-Management

Crisis Intervention  
Housing  
Employment



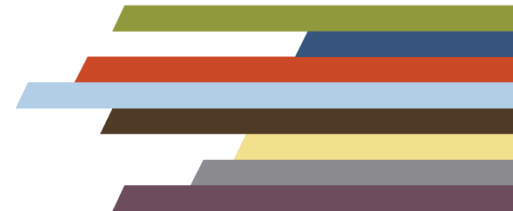
# **Southeast MHTTC Expertise**

- Population-based approaches to improving care for people with SMI
- Including MH in public health initiatives
- Financing and health systems change



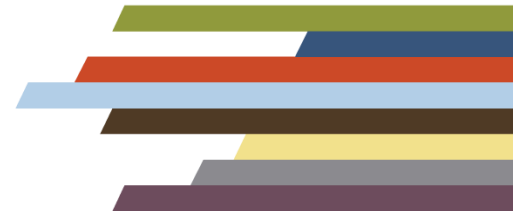
# Year One Activities

- Conduct in-depth needs assessment
- Provide in-person trainings in each state
- Develop distance learning capacity and programs
- School-based MH supplement



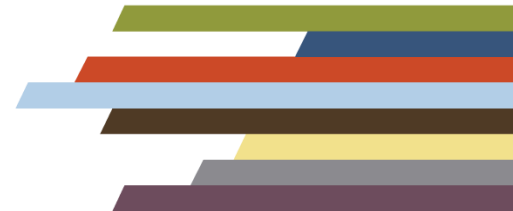
# Needs Assessment

- State and county-level estimates of mental health needs and provider capacity
- Qualitative key informant interviews
  - State MH leaders
  - MH providers



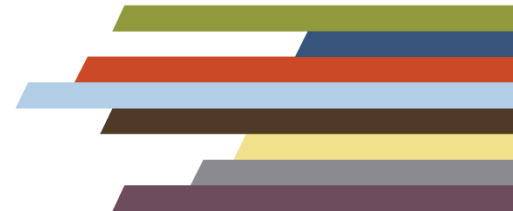
# Environmental Scan of Existing Resources

- Identify and keep up to date list of existing TA resources through the MHTTC network and SAMHSA
- Serve as a link between Region IV and other TA centers and resources



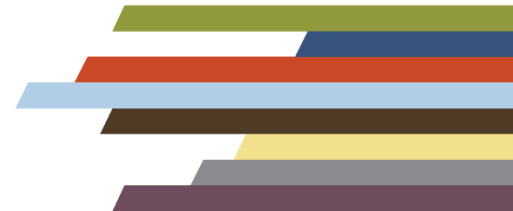
# School-based MH Supplement

- **Goal:** Develop leadership capacity of policymakers, school administrators, and behavioral health care providers to implement comprehensive school mental health systems.



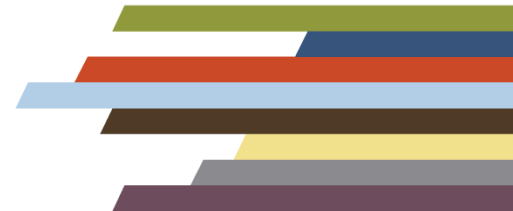
# School-based MH Supplement

- Comprehensive school mental health systems
  - Provide a full array of tiered, evidence-based services to promote MH and reduce the prevalence of MH disorders
  - Represent partnerships between school staff and community MH programs
  - Based on principals of prevention and address range of academic, behavioral, and social needs of students



# School-based MH Supplement

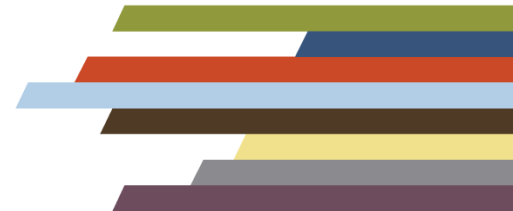
- Needs assessment
- Regional learning collaborative
  - In-person trainings
- Distance learning





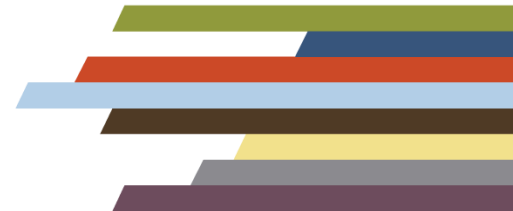
# Years Two and Beyond

- Setting Priorities
- Coordinating Across Region IV TA Initiatives
- Coordinating across MH TA Initiatives



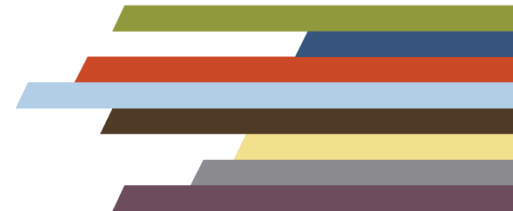
# Setting Priorities

- Identify and prioritize annual training activities
- Key Stakeholders
  - State MH Authorities
  - SAMSHA regional administrators and program staff
  - Mental health providers, service users



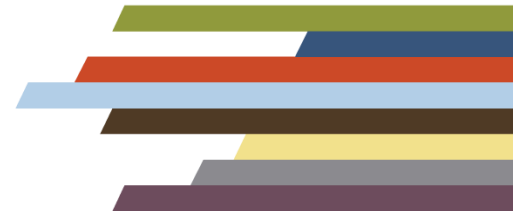
# Coordinating with Region IV

- Coordinate efforts with Region IV ATTC, PTTC, PHTC and SAMHSA
- Goal to break down silos between mental health, substance use, and public health activities within the region towards the goal of improving population health for people with SMI



# Coordinating Across MHTTCs

- Work with National MHTTC office, other MHTTCs, and APA Clinical Support Center to support uptake of EBPs.
- Other MHTTCs are developing areas of expertise and materials that will be available across the network.





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For more information visit  
**[mhttcnetwork.org/southeast](http://mhttcnetwork.org/southeast)**

or email us at  
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***SAMHSA***

Substance Abuse and Mental Health  
Services Administration

